

## Tai Chi Classics Waysun Liao

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### Tai Chi Classics Waysun Liao

Master Waysun Liao studied t'ai chi in a Taoist temple in his native Taiwan from the age of twelve. He is the founder and master of the Taichi Tao Center in Oak Park, Illinois, where he has taught for nearly forty years.

### T'ai Chi Classics: Waysun Liao, Waysun Liao: 9781570627491 ...

About the Author. Master Waysun Liao studied t'ai chi in a Taoist temple in his native Taiwan from the age of twelve. He is the founder and master of the Taichi Tao Center in Oak Park, Illinois, where he has taught for nearly forty years. --This text refers to the paperback edition.

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About T'ai Chi Classics According to Master Liao, the great power of T'ai Chi cannot be realized without knowing its inner meaning. T'ai Chi Classics presents the inner meaning and techniques of T'ai Chi movements through translations of three core classics of T'ai Chi, often considered the "T'ai Chi Bible."

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Book Summary: The title of this book is T'ai Chi Classics and it was written by Waysun Liao, Waysun (Translated by) Liao. This particular edition is in a Paperback format. This books publish date is Feb 06, 2001 and it has a suggested retail price of \$16.95. It was published by Shambhala and has a total of 224 pages in the book.

### **T'ai Chi Classics by Waysun Liao, Waysun Liao (9781570627491)**

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### **T'ai Chi Classics**

The Tai Chi Classics The Tai Chi Classics are a collection of sayings from Tai Chi Masters, the most famous being the Treatise of Master Chang San-Feng and the Treatises by Master Wang Tsung-Yueh and Master Wu Yu-Xiang. It is from these texts that we discover the accepted Tai Chi principles.

### **Tai Chi Classics - Real Tai Chi**

The T'ai chi Classics, or Taijiquan Classics (Chinese: Taijiquan Pu 太极拳谱 or Taijiquan Jing 太极拳经), is a collection of over 100 articles on the Chinese martial art of t'ai chi ch'uan written by the art's master practitioners over the centuries. They cover everything from the underlying Taiji philosophical principles, to methods of practice and application.

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### **Amazon.com: Customer reviews: T'ai Chi Classics**

From the age of twelve, Master Waysun Liao studied with a wandering Taoist and in a Taoist temple until he became a full Taichi and Tao master. His first book, T'ai Chi Classics (published by Shambala Publications) is currently translated into 9 languages worldwide.

### **About Master Waysun Liao - Taichi Tao Center**

The Taichi Tao Center, founded in 1971, remains the worldwide teaching headquarters for Master Waysun Liao and is located in Oak Park, Illinois. Master Waysun Liao is the last of a heritage of Tao masters carrying and transmitting the ancient oral traditions concerning the nature and the power of Tao.

### **The Essence of T'ai Chi: Selections from the T'ai Chi ...**

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