Too Bright to Observe? Measuring and Combating Light Pollution to Preserve Dark Skies

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HKU Light Pollution Photography Competitoin 2014, First runner up "Hong Kong under the Castle Peak" (Credit: Leung Hoi Kit)

Outline

- What is light pollution?
- Adverse effects of light pollution
 - Light pollution and LED
- Ways to reduce light pollution
- A cultural, behavioural and regulation campaign

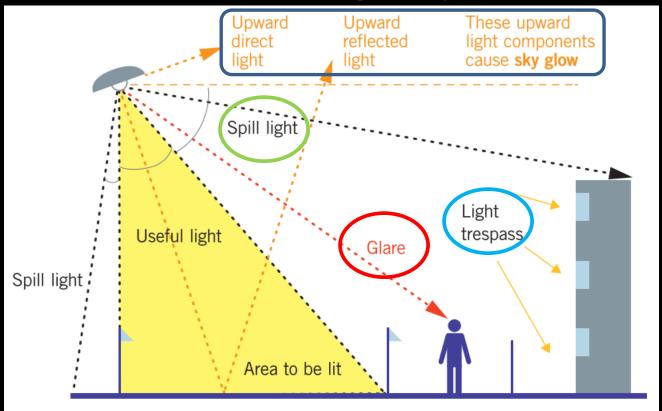
What is light pollution?

"Light Pollution" is inappropriate use of artificial lighting without consideration of its environment, leading to environmental degradation.

Light pollution is excessive light shining unnecessarily to unintended places.

More importantly, light pollution is a problem that can easily fixed without much extra cost.

Sources of light pollution



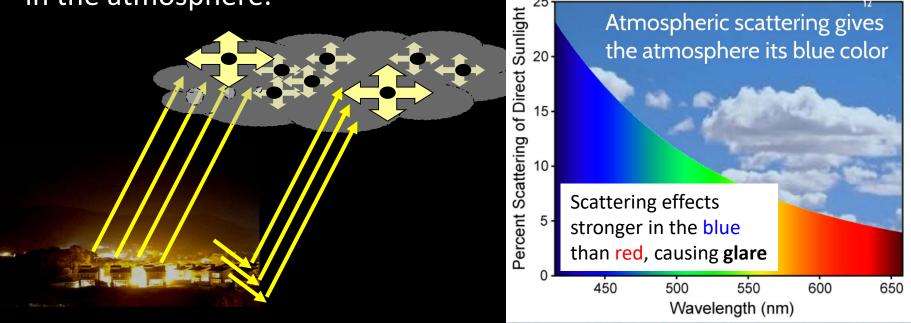




Skyglow

 Light either emitted directly upwards to the sky or reflected upwards (by the ground or by artificial sources) can be scattered by aerosol (cloud, fog), or pollutants like suspended particulates

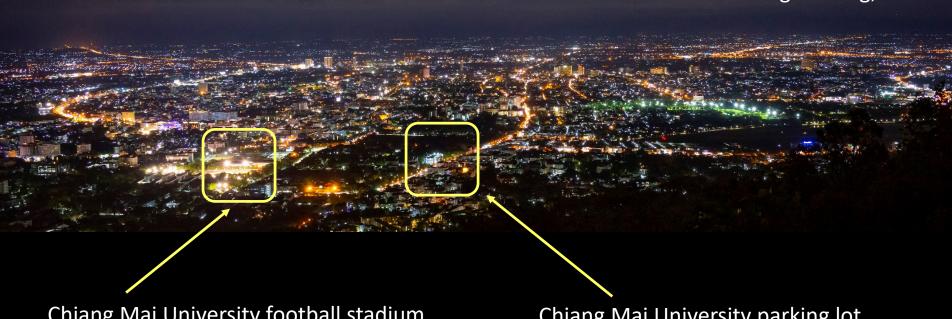
in the atmosphere.



Chiang Mai

(Photographed from the outlook up the hill from Wat Sri So da on June 19, 2019; 8:15pm)

Photo credit: Sze Leung Cheung, NARIT

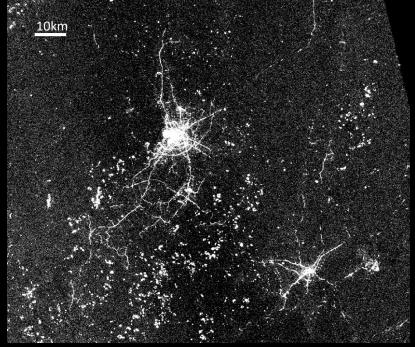


Chiang Mai University football stadium (light turned off at 10am?)

Chiang Mai University parking lot

Chiang Mai

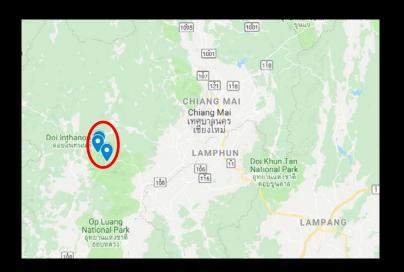
(Photographed from the Luojia-1 01 Satellite at 11:00 pm on February 17, 2019)



http://59.175.109.173:8888/app/single1.html?id=11817

Chiang Mai

(Photographed from the Luojia-1 01 Satellite at 11:00 pm on February 17, 2019)



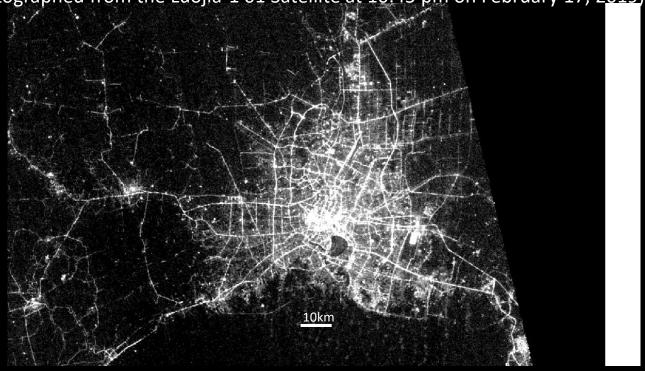
Top: Near Earth Observatory (NEO)

Middle: Thai National Observatory (TNO)

Lower: Information Service and Training Center (ISTC)

Bangkok

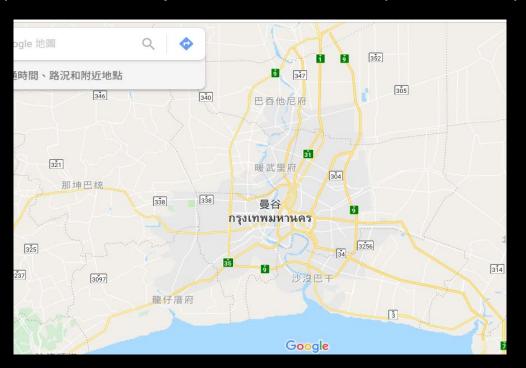
(Photographed from the Luojia-1 01 Satellite at 10:45 pm on February 17, 2019)



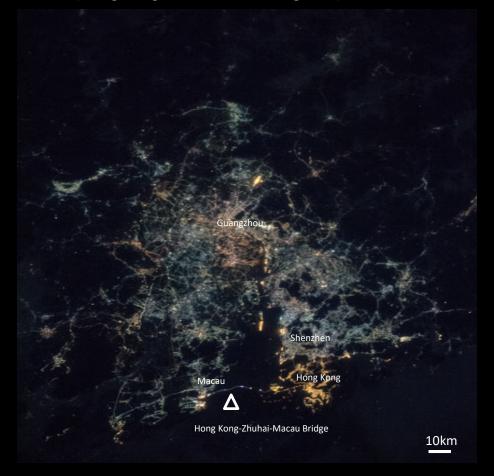
http://59.175.109.173:8888/app/single1.html?id=11803

Bangkok

(Photographed from the Luojia-1 01 Satellite at 10:45 pm on February 17, 2019)



Pearl River Delta (Hong Kong, Macau and Guangzhou), 2018.02.28, 4:35 am local time



Light pollution is a global issue

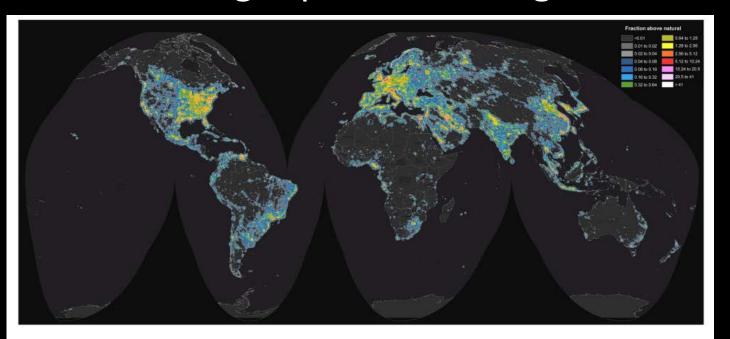


Fig. 2. World map of artificial sky brightness. The map shows, in twofold increasing steps, the artificial sky brightness as a ratio to the natural sky brightness (assumed to be $174 \,\mu\text{cd/m}^2$). Table 1 indicates the meaning of each color level.

Over 80% of the world, and >99% of U.S. and European populations, live under light-polluted skies

Ref: F Falchi, et.al. (2016), The new world atlas of artificial night sky brightness, *Science Advances*, 2, e1600377

Adverse effects of light pollution

- Health:
- Environmental:
- Energy:
- Astronomical:







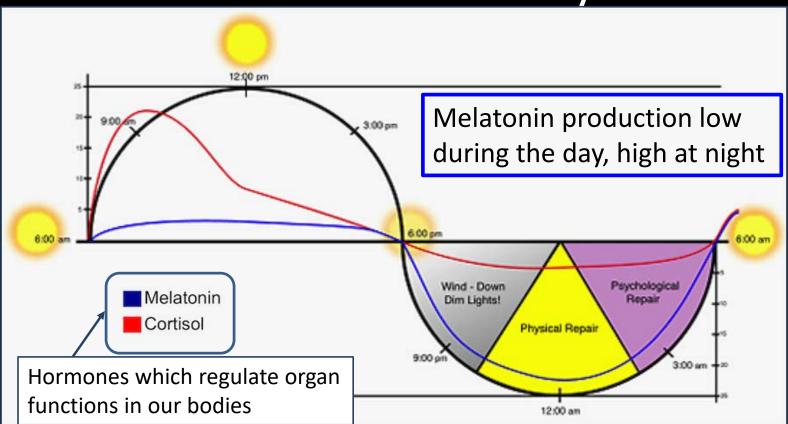


Adverse impact of light pollution: Health



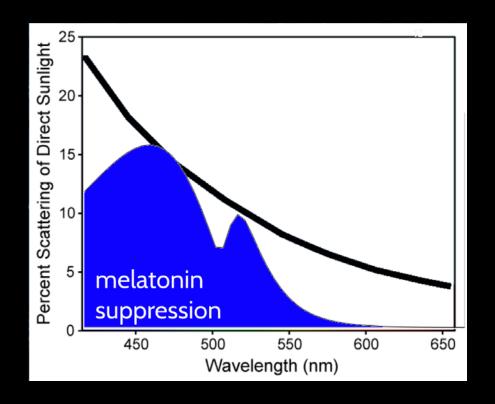
- In the 2009 annual meeting of the American Medical Association (AMA), the entire 540 House of Delegates of the AMA voted unanimously in favor of the Resolution 516.
- Support efforts to control light pollution

Human's Circadian Rhythm



Melatonin

- Melatonin production interfered by exposure to light at night
- Blue light more efficient in suppressing production (Melatonin Suppression Action Spectrum)



Adverse impact of light pollution: environmental





- Disrupt natural day-night cycle of **plants**
- Change habits (reproduction and migration) of nocturnal species
- Reducing total biomass and population size, changing relative composition of populations → reduce biodiversity

Adverse impact of light pollution: energy

- Over 30% of outdoor lighting points to the sky in the US
- US\$ 1.5 billion of electricity and 6 million tons of coal wasted
- Generation of these wasted electricity involves burning of fossil fuel, generating green house gas, further damaging the environment.













Light pollution reduces contrast in the night sky

Reduce the number of stars visible



Adverse effects of light pollution

- Health: light trespass/nuisance affects sleep, mental health
- Environmental: nocturnal species, unbalance ecological systems
- Energy: light not targeted for your eyes → wasted energy
- Astronomical: skyglow from urban lighting
- Others: pedestrians, traffic, safety, agriculture, ...



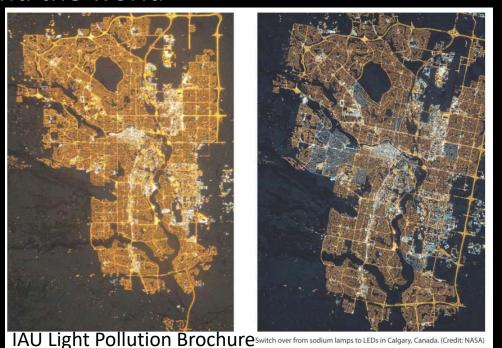






Light Pollution and LED

 A large-scale conversion of lighting to LED is taking place around the world



Switch over from sodium lamps (2010, left) to LEDs in (2015, right) in Calgary, Canada. (Credit: NASA)

https://www.iau.org/public/images/detail/light-pollution-brochure/

Light Pollution and LED

- LED widely used in large scale outdoor lighting
- LED more energy efficient than traditional lighting
- Negative impacts:
 - Rebound effect: deployment of more and brighter lighting
 - Scattering effect: spectra of LED has larger fraction of high frequency (blue) light

Rebound Effect: from 2012 to 2016

- Area being lit by artificial lighting increases by 2.2% annually
- Total brightness increases by 1.8% annually

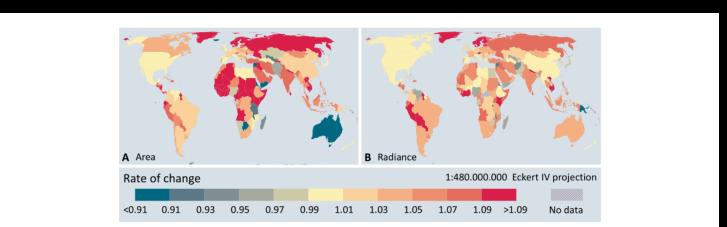
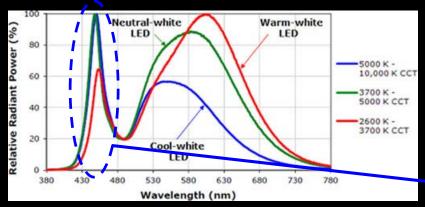


Fig. 1. Geographic patterns in changes in artificial lighting. Changes are shown as an annual rate for both lit area (**A**) and radiance of stably lit areas (**B**). Annual rates are calculated based on changes over the four year period, that is, $\sqrt[4]{A_{2016}/A_{2012}}$, where A_{2016} is the lit area observed in 2016. See fig. S28 for total radiance change instead of stable light radiance change.

Ref: CCM Kyba, et.al. (2017), Artificially lit surface of Earth at night increasing in radiance and extent, *Science Advances*, 3, e1701528

Scattering Effect: LED color temperature

- Why the blue color of LED is a problem?
- Blue light is more easily scattered, spreading impact of light pollution wider
- Blue light affects our body clock more by suppressing Melatonin



Ref: Albert T. L. Lee, et. Al. (2016), Precise Dimming and Color Control of LED Systems Based on Color Mixing, *IEEE Transactions on Power Electronics*, 31

Common LEDs have spectra with strong blue components.

Dark Sky friendly lighting:

Phosphor-Converted (PC) Amber LED is less blue than

white-light LED (4000K)

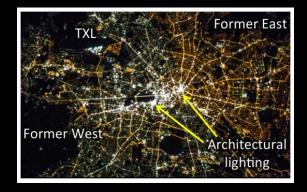


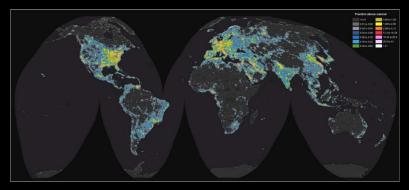
What can we do?

To measure the extent of light pollution over large area

1. Measuring Light Up (↑ or ↓↑)

- Remote sensing (DMSP-OLS, VIIRS-DNB, ISS, EROS-B, Luojia-1, Jilin 1)
 - Upward light emitted directly from the light sources <u>and</u> light reflected off the Earth's surface.
 - Challenging calibration issues but can be overcome
 - Large spatial coverage (city \rightarrow regional \rightarrow global)
 - Low temporal sampling (one overpass per day, e.g., VIIRS: 01:30)





2. Measuring skyglow 1

- Limiting magnitude (e.g. *Globe at Night*, since 2006)
 - Citizen science project to report conditions of the night sky
 - Large geographical (115 countries) & time coverages with low cost
 - Uncertain quality of data received



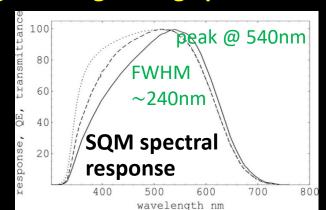


2. Measuring skyglow 1

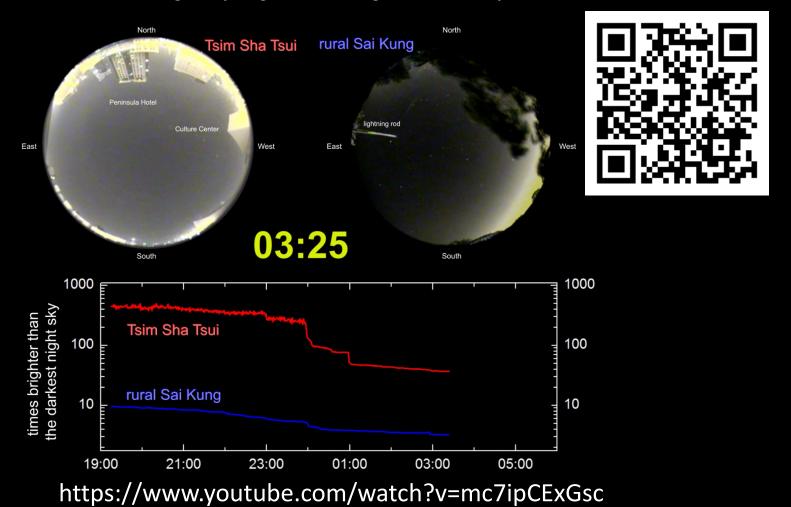
- Measuring Night Sky Brightness (NSB)
 - Dedicated measuring devices: e.g., Telescope Encoder and Sky Sensor (TESS-W), and Sky Quality Meter (SQM)
 - Can get accurate readings AND good time coverage
 - Reasonable cost (USD 300) and accurate (\pm 0.1 mag arcsec⁻²)
 - Time coverage provides a direct linkage with light usage pattern







Variations of night sky brightness during 16-17 January 2013



Measuring light pollution









Light meter

- Measure direct impact due to light pollution on your vision
- Unit: Lux (measure illuminance)
 - Bigger numbers means brighter
- Demo: http://goo.gl/LtRF84

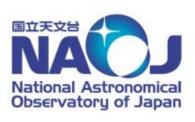
Sky Quality Meter

- Measure indirect impact due to light pollution on the night sky
- Unit: magnitude per square arcsec (Night Sky Brightness, NSB)
 - Bigger numbers means dimmer
- Demo: http://goo.gl/LtRF84

The Globe at Night - Sky Brightness Monitoring Network (GaN-MN)

- One of the major Cosmic Light program during IYL 2015
- One of the IAU100 Dark Sky for All program
- Co-organizers:
 - Office of Astronomy Outreach, International Astronomy Union (IAU)
 - National Astronomical Observatory of Japan
 - The University of Hong Kong
 - The Globe at Night project







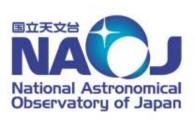




The Globe at Night - Sky Brightness Monitoring Network (GaN-MN)

- Standardized method to measure zenith night sky brightness (both for astronomical and non-astronomical sites to get full impact of light pollution)
- Highlight environmental impacts of abusive artificial lighting for the general public and policy makers (full sharing of data)
- Sustain light pollution public education and promote public engagement (full collaboration between partners)

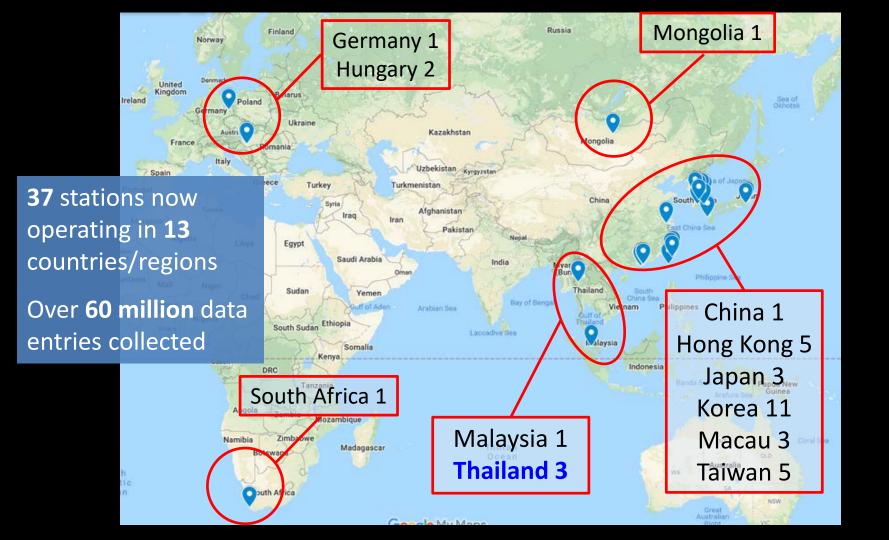










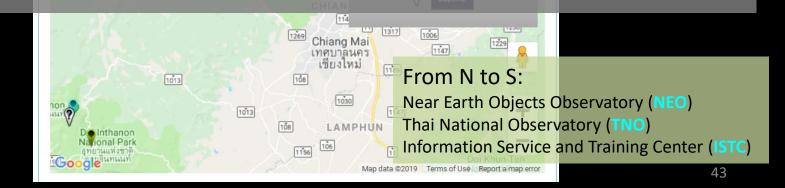


Data sharing:

1. Live NSB reporting (embedded in Google map)



- Location currently at night: instantaneous real-time data
- Location currently during day-time: median value of NSB during previous night
- Full sharing of real-time data among participants



Data sharing:

2. Archival database (accessed through Globe at Night page)

https://www.globeatnight.org/gan-mn.php



- 3. sustain light pollution public education and promote public engagement by live worldwide night sky brightness data and night sky measuring programs

About the GaN-MN Data

Globe at Night is hosting data taken by this network. It can be downloaded as a CSV file that can be opened in any spreadsheet application. The file has the following headers:

id: unique ID for each data entry

created: timestamp according to the server clock

received utc: timestamp converted to UTC

received adjusted: timestamp corrected to local time

sqmle_serial_number: serial number of SQM-LE

nsb, sensor_frequency, sensor_period_count, sensor_period_second, temperature: raw data reported by the unit, where nsb; reading in magnitudes per square arc second, see section 8.6 of the manual

device code: code of monitoring station (location of SQM-LE), complete list

Download the GaN-MN Data

2018 2015

 Jan, 2018 (149 MB) Jan, 2017 (157.3 MB) Jan, 2016 (92.1 MB)

Jan, 2015 (18.5 MB)

Download the GaN-MN Data

2018

- Jan. 2018 (149 MB) Feb. 2018 (143 MB)
- Mar. 2018 (160 MB)
- Apr. 2018 (142 MB) May, 2018 (143 MB)
- Jun. 2018 (129 MB)
- Jul. 2018 (121 MB) Aug. 2018 (121 MB)
- Sep. 2018 (123 MB) Oct, 2018 (121 MB)
- Nov. 2018 (117 MB)
- Dec. 2018 (148 MB)

2017

- Jan, 2017 (157.3 MB) Feb. 2017 (121.5 MB)
- Mar. 2017 (118.0 MB)
- Apr. 2017 (105.7 MB) May, 2017 (91.4 MB)
- Jun. 2017 (96.2 MB)
- Jul, 2017 (112 MB) Aug. 2017 (133 MB)
- Sep. 2017 (118 MB) Oct, 2017 (148 MB)
 - Nov. 2017 (143 MB)
 - Dec. 2017 (132 MB)

- Jan, 2016 (92.1 MB) Feb. 2016 (81.5 MB)
- Mar. 2016 (91.5 MB)

2016

- Apr. 2016 (93.1 MB) May, 2016 (95.9 MB)
- Jun. 2016 (110.4 MB)
- Jul, 2016 (128.0 MB)
- Aug. 2016 (142.2 MB) Aug, 2015 (70.0 MB) Sep. 2016 (144.1 MB)
- Sep, 2015 (87.3 MB) Oct, 2016 (155.0 MB) Oct, 2015 (85.5 MB)
- Nov. 2016 (144.0 MB) Nov. 2015 (86.0 MB) Dec. 2016 (155.4 MB) Dec. 2015 (92.0 MB)

2015

Jan, 2015 (18.5 MB)

Feb. 2015 (31.0 MB)

Mar. 2015 (38.8 MB)

Apr. 2015 (40.6 MB)

May, 2015 (34.8 MB)

Jun. 2015 (37.1 MB)

Jul, 2015 (37.2 MB)

2014

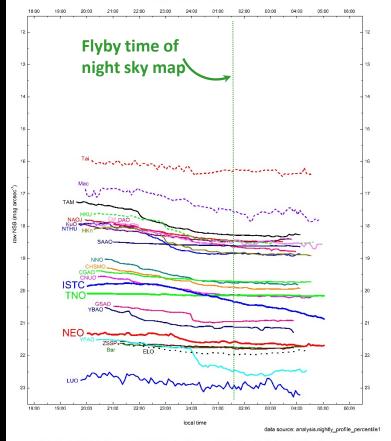
- Nov, 2014 (2.9 MB)
- Dec. 2014 (9.0 MB)
- New archival data uploaded once per month
- Welcome to download to conduct analyses!
 - Limited data quality check. Contact us for details

Average nightly variation of NSB for each station

- Huge range of NSB among stations
- Different latitudes of stations lead to different sampling time (astro dark durations)
- Depicts the outdoor lighting usage at that particular location

5min average 95 percentile profiles of GaN-MN network

within astro. dark data from 1st light to May 2017, exclude non-night sky, moon phase <= 0.3 only (15 min match) dashed curves (Tai, Mac, HKU). light shield applied, 0.23 mag offset applied dotted curve (ELO); different pointing & housing show only relative sample size >= 70%



For NEO (Near Earth Objects Observatory), TNO (Thai National Observatory), ISTC (Information Service and Training Center): non-night sky axclusion, kvilight, moonlight not considered data cover 1st light to 31 May 2019

data source: ivl.sgmle_nsb_data_table

What can we do?

Optimizing the way we use lighting

Ways to reduce light pollution

- Modify existing lighting (shielding, bulb, angle, etc)
- Reduce abuse of outdoor lighting (time of use, light intensity, location, flashing pattern)
- Design lightings to become more dark-sky friendly (e.g.,

PC Amber LED)



Examples of dark-sky friendly lighting



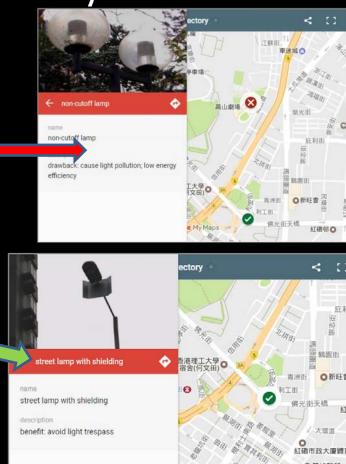


Outdoor Lighting Directory

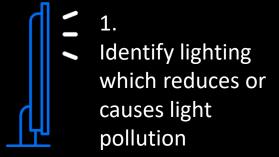




http://nightsky.physics.hku.hk/STEM/lightdir/

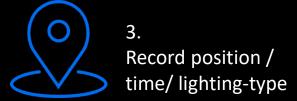


Reporting outdoor lighting which reduces or causes light pollution



2. Take a photograph





4. Submit through the Outdoor Lighting Directory

香港大學戶外燈光資料庫 HKU's
Outdoor Lighting Directory
室にちた内積後不長に長行戸外径分談との点子が質が、以影性、戸外径分質が重。・工長成内填配 的個人及及で有質的質が、月後上記算意及有質的語。
You can provide the information on good and had designs of outdoor lighting for the "Duddoor Lighting Drestory". The personal data and other related information provided by you by means of this form will be used by the event and related purposes.
PR 在大変形象 Outdoor Lighting Diseases has Emphasis, shrame Machine 2017(Edishada) 裏質 Enguing Machine 2017(Enguil som
The name and photo associated with your Google account will be recorded when you uplosed files and submit this form. Not send 112@penall.com? mailto:socioum
Tequied
Email address *
Your email address
惊的姓名 Your name please
Your answer
outdoor lighting, same lighting each time. (HKU will own the copyright for displaying and using the photos) "
ADD FILE
拍攝地點的GPS座標(必需準確,例如 22.293782, 114.169192)或幹細地型 GPS coordinates (need to be exact, e.g., 22.293782, 114.169192) or detail street address of the lighting in the photo(s)
Your accover
拍攝日期 Date of photo taking
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dd/mm/yygy
照明種類 What type of lighting is it?
─ 恢復 street lamp
☐ fitt lamp pole
■ 農田セ bilboard

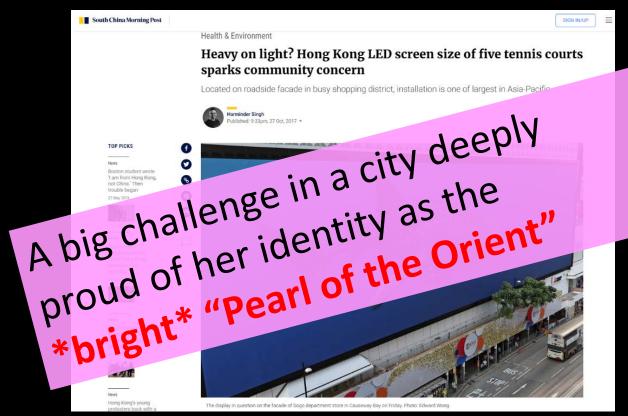


https://goo.gl/MNMSo7

What can we do?

A cultural, behavioural and regulation campaign against light pollution

Communicating with the public on light pollution



Communicating light pollution: citizen science

- Distributed portable SQM to participants (high school students, amateur astronomy groups, camp-site managers, ...)
- Report NSB readings through a web interface
- Over 2000 measurements from 199 locations with 171 participants







Communicating light pollution: school workshops

 Organized workshops for secondary schools

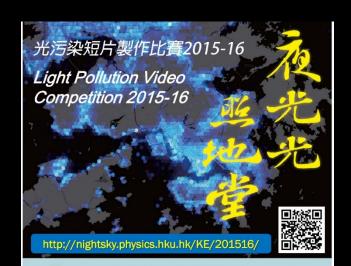
- Rundown of the workshop:
 - Lecture;
 - Measurement workshop;
 - Portable-dome observation
 - Exhibition
 - Student research
- Invited students to study surrounding lighting in the community and conduct SQM measurement



Communicating light pollution: school competitions (research, photograph, video)

- Allow secondary school students to participate in light pollution research
- Allow students to use innovative means to spread the message of light pollution reduction and dark sky preservation
- Students advocate for light pollution reduction in their own communities







HKU Light Pollution Photograph Competition 2014, Champion "Light Polluting home" (Credit: Kwok Man Tai)

https://bit.ly/2XPI3qz





帝 究 及 短 片 製 作 比 費 POLLUTION Research and Video Competition 2015-16

光污染研究比容 2015-16,及 2015-16,是由香港大學、香港: 可觀自然教育中心暨天文館和國際 Winning works of the student competitions were presented at a special public exhibition at the Hong Kong Space Museum

Kong Space Museum, the Ho Koon Nature Education curr

持續地點測香港的光污染情況。此套的主辦機構更啟動 Network」研究項目·在全球多個地方設立光污染監測 站、推動國際性的光污染研究、聯合國教科文組織業 2015 年定為「國際光年」: 是次的兩項比賽提升我們來

Since 2010, HKU has been operating the "Hong Kong Night Sky Night - Sky Brightness Monitoring Network" by setting up a global network for worldwide light pollution monitoring and research. The year 2015 was named by the United Nations as the "International Year of Light". These two competitions





Communicating light pollution: school activities (teacher workshops, field trips)



Star · Night · Hike light pollution field trip

- 1. Light Pollution public lecture
- 2. Briefing of the competition
- 3. Experience effect of light pollution first-hand
 - Started in City Center
 - ➤ A short hike through Country Park to see fireflies
 - Ended at Astronomy Park for stargazing

Communicating light pollution: school competitions (STEM)

- STEM: S (Science) T (Technology) E (Engineering) M (Mathematics)
- Dark-sky-friendly Light Fixture STEM Competition
- Expanding our presence and reach by co-organizing with lighting engineers at Department of Electrical Engineering





Communicating light pollution: school competitions (STEM)

- Allow secondary school students to use STEM knowledge to come up with innovative designs of lighting which can reduce light pollution
- Public exhibition of the winning entries to spread the Impact
- Student enjoyed the experience introducing their own work to the public







Communicating light pollution: Integrating into school curriculum





Communicating light pollution:

science roadshow: HK SciFest (annual)



Communicating light pollution:



Communicating light pollution: science roadshow: Earth Hour

- Earth Hour is an annual global environmental activity (organized by World Wide Fund for nature, WWF)
- Lights of buildings turn off for one hour as a symbol of commitment to the planet
- Turning off of light in landmark buildings across the globe provide a spectacular backdrop to explain impacts of light pollution



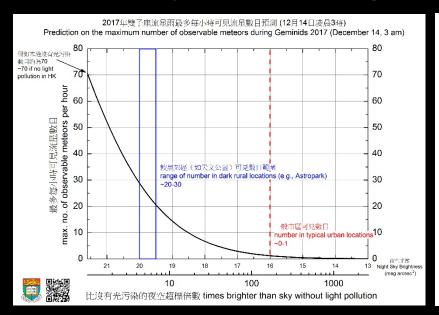
Communicating light pollution: science roadshow: Earth Hour

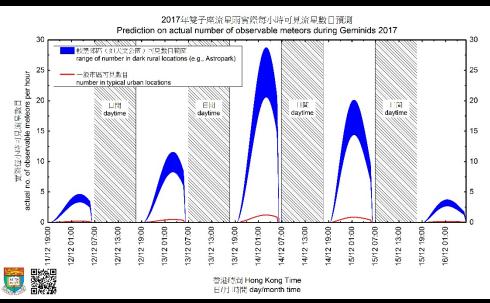
- Organized a Science Roadshow at the Hong Kong Harbor front during Earth Hour
- Allow participants to experience the dark sky when many city lights are out
- Contents of the Roadshow:
 - 1. Real-time nights sky measurements;
 - 2. Demonstrations;
 - Video presentations
 (https://youtu.be/mc7ipCExGsc);
 - 4. Panel exhibitions



Communicating light pollution:

Be a responsible stargazer • Enjoy the meteor shower

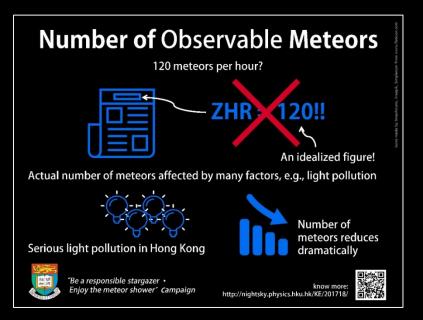


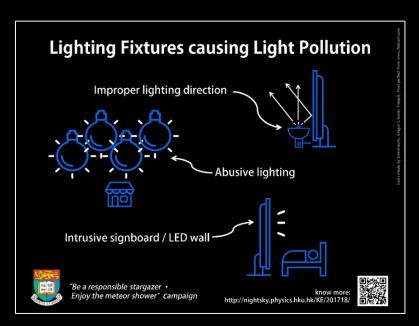


- Meteor shower is an astronomical event that attracts public attention
- Use research data from light pollution study to calculate predicted number of observable meteors

Communicating light pollution:

Be a responsible stargazer • Enjoy the meteor shower





- Infographics to explain science of meteor showers
- Explain how number of meteors observable is related to light pollution, thus promoting light pollution reduction

Communicating light pollution: Engaging the stakeholders



Hong Kong College of Paediatricians

香港兒科醫學院





societies to introduce light pollution, its impacts and discuss possible solutions that benefit both parties



Hong Kong Green Building Council INTERNATIONAL ASSOCIATION OF LIGHTING DESIGNER





Communicating light pollution: Engaging with the public media

- Light pollution was a new issue when we started in 2003
- 185 newspaper/webpage reports, 40 TV/radio appearances including CNN, Wall Street Journal, Financial Times, CCTV, ...
- Usually sympathetic of our concerns and are willing to listen
- Fast-thinking and efficient in learning new ideas and concepts





Regulation campaign against light pollution

Charter on External Lighting (Jan 2016)

Government invites outdoor lighting owners to voluntarily turn off decorating, promotional and advertising light that affects the

environment at pre-set time

Platinum: 11pm to 7am

Gold : 12am to 7am

Signatories
(up to May 2018):
4,230 (Platinum)
1,058 (Gold)



Policy Address 2018



281. The Government has tasked the Working Group on External Lighting to review the effectiveness of the Charter on External Lighting and to study how to further regulate external lighting.

Hope for more good news to come in the future

Jun 21, 2009 Before "Dim-it" Credit: Sedonia Shu, Eimund Loo

Jun 21, 2009 After "Dim-it" Credit: Sedonia Shu, Eimund Loo



Back up

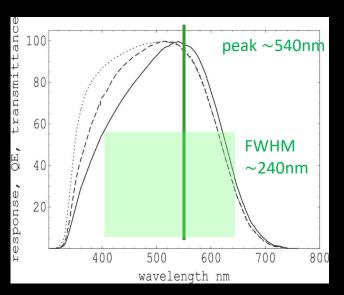
Sky Quality Meter – Lens Ethernet (SQM-LE)

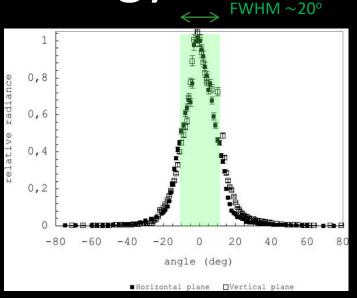




- Manufacturer: Unihedron (Canada)
- Light sensor: TAOS TSL237 High-Sensitivity Lightto-Frequency Converter
- Near-IR blocking filter: Hoya CM-500
- Size 3.6 x 2.6 x 1.1 in.
- Operates from 5-6V DC adapter
- Night sky brightness given in unit mag arcsec⁻²
- Accuracy of ± 0.1 mag arcsec⁻² (Calibrated by the manufacturer before shipment)
- Reasonable price (US\$350)

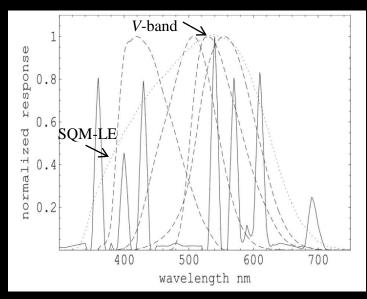
Methodology





Spectral response function of SQM-LE (solid), quantum efficiency (dashed), and filter transmittance (dotted) (Cinzano 2005) **Angular response** function of SQM-LE (Cinzano 2007)

Measuring NSB by SQM-LE



Comparison of **SQM-LE** normalized spectral response (dotted curve) with the spectral curves of Johnson B-band, scotopic, **Johnson V-band**, and photopic (dashed curves from left to right) and the emission spectrum of a mercury vapor lamp (solid curve) (Cinzano 2005)

- Compare photometric Johnson V-band vs SQM-LE response:
 - FWHM:
 - SQM-LE: 240 nm
 - V-band: 84 nm (Bessell 2005)
 - Peak:
 - SQM-LE: 540 nm
 - V-band: 545 nm (Bessell 2005)
- The offsets between V-band and SQMband:
 - Depends on sky spectrum and cloud condition
 - 0 0.25 mag arcsec⁻² (Cinzano 2005)
 - Up to 0.6 mag arcsec ⁻² when cloudy (Puschnig et. al. 2014

GaN-MN Night Sky Brightness (NSB) database: data flow

